

Mastering Modern Obesity Management: From Medications to Surgery

Saturday, November 1, 2025 | 9AM - 4PM

Hilton Short Pump & Spa



Mastering Modern Obesity Management: From Medications to Surgery

Saturday, November 1, 2025 | 9AM - 4PM
Hilton Short Pump & Spa

About the Conference

The VCU Departments of Surgery and Internal Medicine present ***Mastering Modern Obesity Management: From Medications to Surgery***, a cutting-edge educational experience designed specifically for primary care practitioners, nurses, dietitians, and all allied health professionals involved in weight management.

This conference offers essential insights into the latest pharmacological therapies to support your patients' weight-related health goals, while underscoring the importance of a multidisciplinary approach to care. Explore the evidence behind various treatment options, including endoscopic and surgical interventions, and learn how to collaborate effectively across specialties to optimize outcomes.

Whether you're looking to enhance your prescribing skills or understand when and how to refer for surgical consultations, this program will support you in gaining the knowledge, skills and attitudes to deliver comprehensive, personalized obesity care. CE credit is available.



Speakers



Guilherme M. Campos, MD, PhD, FACS, FASMBS
Speaker and Activity Director

Paul J. Nutter Professor of Surgery
Chair, Division of Bariatric and Gastrointestinal Surgery, VCU Health
Director, Bariatric Surgery Program
Co-Director, Advanced GI/MIS, Bariatric and Foregut Fellowship



Susan Wolver, MD, FACP, FOMA
Speaker and Activity Director

Associate Professor, General Internal Medicine
Diplomate, American Board of Obesity Medicine
Medical Director, VCU Medical Weight Loss Program



Edmond "Trey" Wickham, MD, MPH
Speaker and Activity Director

Professor of Internal Medicine and Pediatrics
David F. Gardner Professor in Endocrinology
Interim Chief, Division of Endocrinology, Diabetes and Metabolism
Co-Director, Healthy Lifestyles Center Children's Hospital of Richmond at VCU
Program Director, Endocrinology & Obesity Medicine Fellowships



Jennifer Saluzzo, MD, FACS, FASMBS
Speaker

Director, Advanced GI/MIS, Bariatric and Foregut Fellowship, VCU Health
Associate Professor, Bariatric and GI Surgery



Arun Sanyal, MD
Speaker

Director, Stravitz-Sanyal Institute for Liver Disease and Metabolic Health
Chief, Division of Gastroenterology, Hepatology and Nutrition, VCU Health
Professor, Internal Medicine

Speakers (continued)



Stephanie Mayer, MD, MHSc
Speaker

Associate Professor, Division of Endocrinology and Metabolism, Hunter Holmes McGuire Veterans Affairs (VA) Medical Center



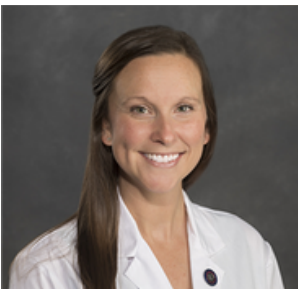
Jamy Ard, MD
Speaker

Co-Director, Wake Forest Baptist Health Weight Management Center
Associate Dean, Wake Forest University School of Medicine
Professor, Epidemiology and Prevention & Bariatric and Weight Management



Leila Islam, PhD, LCP
Speaker

Clinical Psychologist, VCU Health Medical Weight Loss Program
Associate Professor, Psychiatry



Stephanie Joyce, PA-C, RD
Speaker

Physician Assistant, Children's Hospital of Richmond Healthy Lifestyles Center

Program

LOCATION: Capital Ballrooms A-E

9 - 9:15 AM	Welcome and Opening Remarks Activity Directors: <ul style="list-style-type: none">• Guilherme M. Campos, MD, PhD, FACS, FASMBS• Susan Wolver, MD, FACP, FOMA• Edmond “Trey” Wickham III, MD, MPH
9:15 - 9:55 AM	Lecture 1 – Understanding the Obesity Epidemic: Etiology and Clinical Implications Stephanie Mayer, MD, MHSc
9:45 - 10:15 AM	Lecture 2 - Understanding and Overcoming Weight Bias and Stigma Jennifer Saluzzo, MD, FACS, FASMBS
10:15 - 10:45 AM	Lecture 3 – Impact of Obesity on Health Arun Sanyal, MD
10:45 - 11:05 AM	COFFEE BREAK
11:05 - 11:35 AM	Lecture 4 – Psychological Aspects of Obesity and Weight Management Leila Islam, PhD, LCP
11:35 AM - 12:05 PM	Lecture 4 – Delivering Evidence-Based Dietary Interventions Stephanie Joyce, PA-C, RD
12:05 - 12:40 PM	Lecture 5 – Pharmacological Advances in Obesity Treatment Jamy Ard, MD

12:40 - 1:15 PM	LUNCH
1:15 - 1:50 PM	Lecture 7 – Surgical and Endoscopic Innovations in Weight Loss Guilherme M. Campos, MD, PhD, FACS, FASMBS
1:50 - 2:20 PM	Lecture 8 – Pediatric and Adolescent Obesity Edmond “Trey” Wickham, MD, MPH
2:20 - 2:50 PM	Lecture 9 – Integrating Obesity Medicine into Your Practice Susan Wolver, MD, FACP, FOMA
2:50 - 3:05 PM	COFFEE BREAK
3:05 - 3:55 PM	Case-Based Discussions – Managing Complex Obesity Cases Panel
3:55 - 4 PM	Closing Remarks and Next Steps Activity Directors: <ul style="list-style-type: none"> • Guilherme M. Campos, MD, PhD, FACS, FASMBS • Susan Wolver, MD, FACP, FOMA • Edmond “Trey” Wickham III, MD, MPH