

Second Annual

VIRGINIA STATEWIDE HEART FAILURE SYMPOSIUM

Saturday, October 18, 2025

8AM - 5PM

Richmond, Virginia



Program Overview

The Commonwealth of Virginia is host to four outstanding heart transplant programs for those in need of surgical treatment for advanced heart failure. However, before they even get to the point of transplantation, their heart condition takes them on a medical journey.

Inova, Sentara, University of Virginia, Virginia Commonwealth University, and other local specialists have joined together for the ***Second Annual Virginia Statewide Heart Failure Symposium*** to bring you the latest information and data on heart failure. Hear from providers on the latest management and treatments:

- Left Heart Failure
- Right Heart Failure
- Pulmonary Hypertension
- Goal Directed Medical Therapy
- Various Cardiomyopathies
- Adult Congenital Heart Failure
- Cardiogenic Shock
- Mechanical Heart Devices
- Transplantation

Date and Location

Saturday, October 18th, 2025

8AM – 5PM

The Richmond Marriott

500 E. Broad Street, Richmond, VA 23219

Registration, Breakfast, and Exhibits start at 7AM

*** Speakers / Topics subject to change

*** Detailed Agenda will be uploaded prior to the event

SYMPOSIUM BEGINS

Registration, breakfast and exhibits

Welcoming remarks

Zubair Hashmi, MD

Keynote Presentation:

Future of Cardiology: Opportunities and Risk

Victor Soukoulis, MD, PhD

President; American College of Cardiology – Virginia Chapter

BREAK

Session 1

Moderator – Zubair Hashmi, MD

- **What's New in AHA/ACC/HFSA Guidelines**
 - Mirnela Byku, MD, PhD
- **Cost, providing the needed care**
 - Lauren Feeney, MSN, FNP-C, AACC, CCK
- **Oral Therapies Beyond Class 1 Drugs**
 - Benjamin Van Tassell, PharmD

Session 2

Moderator – Melissa Smallfield, MD

- **Community practices, challenges without dedicated HF specialist**
 - Linda Hart, DNP, RN, ACNP-BC, FACC
- **Inpatient Risk Factors of Heart Failure**
 - LaVone Smith, MD
- **CPET Risk Assessment**
 - Justin M. Canada, PhD, RCEP

BREAK

Session 3

Moderator – Daniel Tang, MD

- **Left Atrial Failure**
 - Cory Trankle, MD
- **Classifying PH in the Cardiac Cath Lab: When to Provoke and Answer**
 - Manjula Ananthram, MD
- **Updates in Pulmonary Hypertension**
 - Daniel Grinnan, MD

Session 4

Moderator – Hoyle “Trey” Whiteside, MD

- **Myocardial Recovery (Role of Medical Therapy and Temporary Mechanical Support)**
 - John Herre, MD
- **Managing Valvular Heart Disease in Heart Failure Patients**
 - Matthew Summers, MD
- **Novel Device Therapies to consider when GDMT is not enough**
 - Amin Yehya, MD

LUNCH

Session 5

Moderator – Shashank Desai, MD

- **What’s New in ACHD**
 - Shashank Desai, MD & Qurratulaen Khawaja-Javaid, PA-C
- **Making the Transition from Peds to Adult**
 - David Harrison, MD
- **Case Presentation**
 - Chawki Elzein, MD
- **Patient Perspective**
 - Mr. Eric Wolfson

Session 6

Moderator – Jamie Kennedy, MD

- **Cardiac Amyloidosis**
 - Sumeet Mitter, MD
- **Hypertrophic Cardiomyopathy**
 - Mohammed Makkiya, MD
- **Treating Inflammatory Cardiomyopathies: Sarcoid and Beyond**
 - Antonio Abbate, MD, PhD
- **Genetic Causes of Inflammatory Cardiomyopathies**
 - Akos Berthold, MMSc, LCGC

BREAK

Session 7

Moderator – James Bergin, MD

- **Care Coordination in HF - MCS**
 - Kathryn Abernathy, MS, RN, Christyna Justice, RN, BSN, VAD-C
- **Development and Management of an Outpatient Pharmacist-Driven GDMT Titration Clinic**
 - Kirstie Perry, PharmD, BCACP, Rachael Kral, PharmD
- **It Takes a Village – Multidisciplinary Heart Failure Case**
 - Mirna Dickey, LPC, Elizabeth Enfield, MSN, RN, CCNS, Theresa Guyton, MSN, RN, AG-ACNP, Pace Morris, LPN, Kirstie Perry, PharmD, BCACP

Session 8

Moderator – Leora Yarboro, MD

- **Psychosocial Considerations in Advanced Heart Failure Therapies**
 - William Potts, LCSW
- **Palliative Care in the Heart Failure Population**
 - Alex Schoifet, MD
- **Caregiver Stress and Burnout**
 - Kristy Keller, MD

BREAK

Closing presentations

Moderator – Zubair Hashmi, MD

- **“Shock Program”**
 - Dr. Ramesh Singh
- **Heart-Lung Transplant**
 - Mr. Corey Saul
- **Closing Remarks**

SYMPOSIUM ENDS

Disclaimer: Speakers and topics subject to change

Keynote Speaker

- **Victor Soukoulis, MD**
 - President of American College of Cardiology, Virginia Chapter

Consortium Leaders and Activity Directors

- **James Bergin, MD** – UVA Health System
- **Zubair Hashmi, MD** – VCU Health System
- **John Herre, MD** – Sentara Health System
- **Jamie Kennedy, MD** – Inova Health System
- **Keyur Shah MD** – VCU Health System
- **Daniel Tang, MD** – Inova Health System
- **Leora Yarboro, MD** – UVA Health System
- **Amin Yehya, MD** – Sentara Health System

Speakers

- **Antonio Abbate, MD, PhD** – UVA Health System
- **Kathryn Abernathy, MS, RN, ACCNS-AG, CHFN, PCCN** – VCU Health System
- **Manjula Ananthram, MD** – Sentara Health System
- **Akos Berthold, MMSc, LCGC** – Inova Health System
- **Mirnela Byku, MD, PhD** – UVA Health System
- **Justin M. Canada, PhD, RCEP** – VCU Health System
- **Shashank Desai, MD** – Inova Health System
- **Mirna Dickey, LPC** – International Rescue Committee, Charlottesville
- **Chawki Elzein, MD** – Inova Health System
- **Elizabeth Enfield, MSN, RN, CCNS** – UVA Health System
- **Lauren Feeney, MSN, FNP-C, AACC, CCK** – Sentara Health System
- **Daniel Grinnan, MD** – VCU Health System
- **Theresa Guyton, MSN, RN, AG-ACNP** – UVA Health System
- **David Harrison, MD** – Inova Health System
- **Linda Hart, DNP, RN, ACNP-BC, FACC** – Aligned Cardio Partners
- **Christyna Justice, RN, BSN, VAD-C** – VCU Health System
- **Qurratulaen Khawaja-Javaid, PA-C** – Inova Health System
- **Kristy Keller, MD** – Patient's Caregiver
- **Rachael Kral, PharmD** – UVA Health System
- **Mohammed Makkiya, MD** – VCU Health System
- **Sumeet Mitter, MD** – Inova Health System
- **Pace Morris, LPN** – UVA Health System
- **Kirstie Perry, PharmD, BCACP** – UVA Health System
- **William Potts, LCSW** – UVA Health System

- **Mr. Corey Saul** – Patient
 - **Alex Schoifet, MD** – UVA Health System
 - **Ramesh Singh, MD** – Inova Health System
 - **Melissa Smallfield, MD** – VCU Health System
 - **LaVone Smith, MD** – Bon Secours, St. Mary's Hospital
 - **Matthew Summers, MD** – Sentara Health System
 - **Cory Trankle, MD** – VCU Health System
 - **Benjamin Van Tassell** – VCU Health System
 - **Hoyle "Trey" Whiteside** – VCU Health System
 - **Mr. Eric Wolfson** – Patient
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Continuing Education (CE) Credit

Joint Accreditation Statement



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity has been planned and implemented by Partners for Advancing Clinical Education (Partners) and Virginia Commonwealth University Department of Surgery. Partners is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician Continuing Education

Partners designates this live activity for a maximum of 10 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing Continuing Professional Development

The maximum number of hours awarded for this Nursing Continuing Professional Development activity is 10 contact hours.

Pharmacy Continuing Education

Partners designates this continuing education activity for 10 contact hour(s) (0.1 CEUs) of the Accreditation Council for Pharmacy Education.

(Universal Activity Number - JA4008073-9999-25-211-L01-P)

Type of Activity: Knowledge

PA Continuing Medical Education



Partners has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 10 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.