

Mastering Modern Obesity Management: From Medications to Surgery

Saturday, November 1, 2025 | 9 AM - 4:25 PM
Hilton Short Pump & Spa



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About the Conference

The VCU Departments of Surgery and Internal Medicine present ***Mastering Modern Obesity Management: From Medications to Surgery***, a cutting-edge educational experience designed specifically for primary care practitioners, nurses, dietitians, and all allied health professionals involved in weight management.

This conference offers essential insights into the latest pharmacological therapies to support your patients' weight-related health goals, while underscoring the importance of a multidisciplinary approach to care. Explore the evidence behind various treatment options, including endoscopic and surgical interventions, and learn how to collaborate effectively across specialties to optimize outcomes.

Whether you're looking to enhance your prescribing skills or understand when and how to refer for surgical consultations, this program will support you in gaining the knowledge, skills and attitudes to deliver comprehensive, personalized obesity care. CE credit is available.

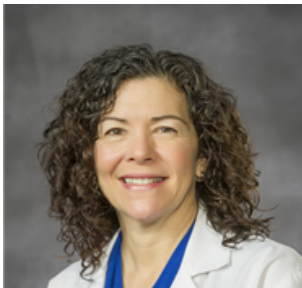


Speakers



Guilherme M. Campos, MD, PhD, FACS, FASMBS
Speaker and Activity Director

Paul J. Nutter Professor of Surgery
Chair, Division of Bariatric and Gastrointestinal Surgery, VCU Health
Director, Bariatric Surgery Program
Co-Director, Advanced GI/MIS, Bariatric and Foregut Fellowship



Susan Wolver, MD, FACP, FOMA
Speaker and Activity Director

Associate Professor, General Internal Medicine
Diplomate, American Board of Obesity Medicine
Medical Director, VCU Medical Weight Loss Program



Edmond "Trey" Wickham, MD, MPH
Speaker and Activity Director

Professor of Internal Medicine and Pediatrics
David F. Gardner Professor in Endocrinology
Interim Chief, Division of Endocrinology, Diabetes and Metabolism
Co-Director, Healthy Lifestyles Center Children's Hospital of Richmond at VCU
Program Director, Endocrinology & Obesity Medicine Fellowships



Jennifer Salluzzo, MD, FACS, FASMBS
Speaker

Director, Advanced GI/MIS, Bariatric and Foregut Fellowship, VCU Health
Associate Professor, Bariatric and GI Surgery



Arun Sanyal, MD
Speaker

Director, Stravitz-Sanyal Institute for Liver Disease and Metabolic Health
Chief, Division of Gastroenterology, Hepatology and Nutrition, VCU Health
Professor, Internal Medicine

Speakers (continued)



Stéphanie Mayer, MD, MHSc
Speaker

Associate Professor, Division of Endocrinology and Metabolism, Central Virginia VA Health Care System



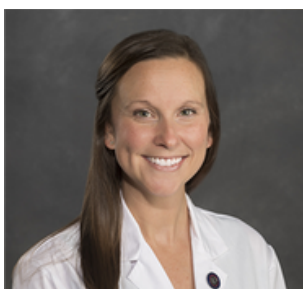
Jamy Ard, MD
Speaker

Co-Director, Wake Forest Baptist Health Weight Management Center
Associate Dean, Wake Forest University School of Medicine
Professor, Epidemiology and Prevention & Bariatric and Weight Management



Leila Islam, PhD, LCP
Speaker

Clinical Psychologist, VCU Health Medical Weight Loss Program
Associate Professor, Psychiatry
Director, Clinical Health Psychology Postdoctoral Fellowship



Stephanie Joyce, PA-C, RD
Speaker

Physician Assistant, Children's Hospital of Richmond Healthy Lifestyles Center

Sponsors

Special thanks to the following sponsors for their generous support and dedication to advancing education in weight loss and bariatric medicine. Your partnership plays a vital role in empowering healthcare professionals with the knowledge and tools to improve patient outcomes.

Level 1 Sponsors

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Program

LOCATION: Capital Ballrooms A-E

9 - 9:15 AM

Welcome and Opening Remarks

Activity Directors:

- Guilherme M. Campos, MD, PhD, FACS, FASMBS
- Susan Wolver, MD, FACP, FOMA
- Edmond "Trey" Wickham III, MD, MPH

9:15 - 9:50 AM

Q&A from 9:40 - 9:50 AM

Lecture 1 – Understanding the Obesity Epidemic: Etiology and Clinical Implications (with Q&A)

Stéphanie Mayer, MD, MHSc

9:50 - 10:25 AM

Q&A from 10:15 - 10:25 AM

Lecture 2 - Understanding and Overcoming Weight Bias and Stigma (with Q&A)

Jennifer Salluzzo, MD, FACS, FASMBS

10:25 - 11 AM

Q&A from 10:50 - 11 AM

Lecture 3 – Impact of Obesity on Health (with Q&A)

Arun Sanyal, MD

11 - 11:20 AM

COFFEE BREAK

11:20 - 11:55 AM

Q&A from 11:45 - 11:55 AM

Lecture 4 – Psychological Aspects of Obesity and Weight Management (with Q&A)

Leila Islam, PhD, LCP

11:55 AM - 12:30 PM

Q&A from 12:20 - 12:30 PM

Lecture 5 – Delivering Evidence-Based Dietary Interventions (with Q&A)

Stephanie Joyce, PA-C, RD

12:30 - 1:10 PM <i>Q&A from 1 - 1:10 PM</i>	Lecture 6 – Pharmacological Advances in Obesity Treatment (with Q&A) Jamy Ard, MD
1:10 - 1:45 PM	LUNCH
1:45 - 2:20 PM <i>Q&A from 2:10 - 2:20 PM</i>	Lecture 7 – Current Perspectives on Surgical and Endoscopic Management of Obesity and Metabolic Disorders (with Q&A) Guilherme M. Campos, MD, PhD, FACS, FASMBS
2:20 - 2:55 PM <i>Q&A from 2:45 - 2:55 PM</i>	Lecture 8 – Pediatric and Adolescent Obesity (with Q&A) Edmond “Trey” Wickham, MD, MPH
2:55 - 3:30 PM <i>Q&A from 3:20 - 3:30 PM</i>	Lecture 9 – Integrating Obesity Medicine into Your Practice (with Q&A) Susan Wolver, MD, FACP, FOMA
3:30 - 3:45 PM	COFFEE BREAK
3:45 - 4:20 PM	Case-Based Discussions – Managing Complex Obesity Cases Panel
4:20 - 4:25 PM	Closing Remarks and Next Steps Activity Directors: • Guilherme M. Campos, MD, PhD, FACS, FASMBS • Susan Wolver, MD, FACP, FOMA • Edmond “Trey” Wickham III, MD, MPH

Continuing Education Credit

Continuing education credit is available for this conference. To see the credit types offered, read more below:



In support of improving patient care, VCU Health Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians

VCU Health Continuing Education designates this live activity for a maximum of **5.0 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses

VCU Health Continuing Education designates this activity for a maximum of 5.0 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity

Physician Assistants



VCU Health Continuing Education has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 5.0 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Psychologists/Mental Health Providers



5.0 CE credits will be awarded for psychologists attending the entire program. Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibly for the content of the programs.